



Where can you take **one step forward?**

5 impertinent questions to help you **reduce overwhelm**

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**IMPERTINENT QUESTIONS**

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# What really matters?

The biggie. But it needn't be.  
Consider what really matters *now*.  
And which *bits* matter now. Get  
curious about those assumptions,  
too. Why does it matter? To whom?  
Is that still true? How do you know?  
Free yourself from inconsequential  
drudgery. Find out what really  
matters now and focus there.

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# Where can you privilege progress over perfection?

Perfection is enticing, but often a false dawn. Embrace imperfection. It's more agile, more responsive, less tiring. Where is enough plenty? What's got stymied by the search for perfection? Where do you need to cease and desist? Sometimes more isn't better. It's just more.




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# What does one step look like?



Smaller than you think. Reduce it down, and down again. Notice your response to tiny steps. Notice what happens when you take them.

Make your own rules. Don't fancy linearity? Start in the middle. Need 43 minutes for this and 15 for that? Fine. Find out what helps *you* to keep taking one step forward.

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**IMPERTINENT QUESTIONS**

# What can you ditch?

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Frame the negative. What doesn't matter? To whom? Why? What was important then but isn't now, or won't be tomorrow? Which *bits* of a thing don't matter? What doesn't need *your* attention? What doesn't deserve *anyone's*? Release yourself from the shackles of completion for the sake of it.

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# Which step brings joy?



Which small thing or thought or deed gives you a flip of happiness? What brings you greater joy? How can you take one step towards it, and then another? Progress isn't only for what we *have* to do. It's also for what we **love**.

Privilege joy. Privilege this progress as much as any other.

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# Resist the completist urge

You needn't finish everything immediately. Chunk the madness. Bit by bit: one step forward, then another. Not always, and not for everything. But enough that your brain (and heart) is freed for what does merit deep, enduring focus.

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**Do more stuff on purpose  
and less by accident.**

**Get radically curious about who  
you are, how you lead and who you  
want to become with my month of  
Impertinent Questions.**



**IMPERTINENT QUESTIONS**